

Meet with a Counselor

The Complete Counseling Center offers services for all aspects of a person's life. Whether you are facing disharmony in your family or personal relationships, struggling with a difficult transition, conflicted about a career path, or seeking parenting support, we can help.

Take Control

Clients who undertake the challenge of counseling may experience improvements in quality of life, including:

- Improved personal relationships
- Increased self-worth
- Increased personal confidence
- Decreased defensiveness
- Relief from general worry
- Increased ability to communicate their needs and wants

We Can Help

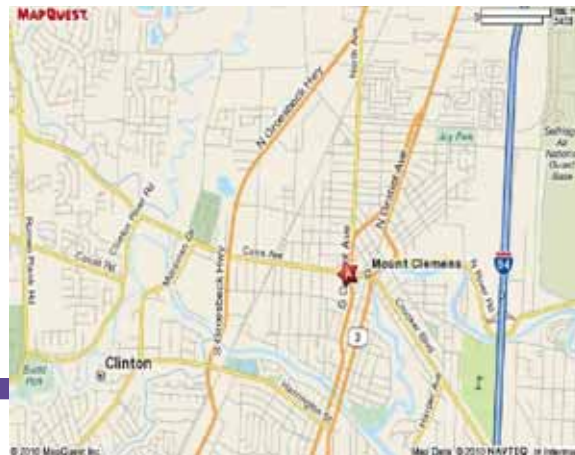
Like our clients, our counselors come from varied backgrounds and experiences. We understand that different approaches work for different people. We will work hand in hand with you to find the best approach for reaching your personal goals.

The Complete Counseling Center

For Individuals, Couples, Family and Career



117 Cass Avenue, Suite 300
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www.completecounselingcenter.com
586-260-7835 • 586-298-8342



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Counseling Options:

- Personal Growth & Development
- Family
- Couples
- Groups
- Skills Building
- Career Services

Areas of Expertise:

- Individual Growth
- Transitions
- Relationships & Marriage
- Family Crisis Management
- Parenting Support
- Depression
- Anxiety
- Grief and Loss Support
- Divorce Recovery
- Problem Solving
- Coping
- Anger Management
- Self Worth
- Career Satisfaction
- Career Exploration
- Resume Building
- Interviewing Skills

Groups Now Forming!

Groups are opportunities to challenge ourselves to try out new skills and behaviors as well as to see how others respond to us.

Parenting Support

A support group designed for parents of all ages, raising children in all stages.

Wonder of Women (W.O.W.)

For women by women. Addressing the complex needs and challenges women face today.

Divorce Recovery

Mourn the loss, Regain your life and Flourish with a new identity and support system after divorce.

Food For Thought

Explore your individual relationship with food and learn to be more mindful in your choices.

Career Group

Coping with job loss or looking to make a meaningful change. Skills for seeking employment. Resume Building. Networking.

Call Today!

Make an appointment
by calling or emailing
us today.



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